



SERMON NOTES

³³ "I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."

JOHN 16:33

¹ How long, LORD? Will you forget me forever?

How long will you hide your face from me?

² How long must I wrestle with my thoughts

and day after day have sorrow in my heart?

How long will my enemy triumph over me?

³ Look on me and answer, LORD my God.

Give light to my eyes, or I will sleep in death,

⁴ and my enemy will say, "I have overcome him,"

and my foes will rejoice when I fall.

⁵ But I trust in your unfailing love;

my heart rejoices in your salvation.

⁶ I will sing the LORD's praise,

for he has been good to me.

PSALM 131-6

1. The PROBLEM:

Sadness is an inescapable reality in a fallen world.

DAVID

Psalm 13:1-4

PAUL

2 Corinthians 1:8-9

JESUS

John 11:33-35 - Lazarus

Luke 19:41-42 - Jerusalem

Mark 14:34-36 - The Garden

2. The SOLUTION:

Joy in the midst of sadness is the inevitable reality for those who trust in the Gospel.

Psalm 135-6

The sin defeating death of Jesus

Psalm 22:1-4 and Matthew 27:46

Sadness is ultimately solved by the resurrection of Jesus.

Lazarus – Jerusalem – The Garden

3. APPLICATION:

Listen to yourself less.

Talk to yourself more.

Revelation 21:2-5

Everything sad is going to come untrue.

John 16:33

Take heart! He has overcome!